

# Cybersecurity Awareness for NH Residents

## Purpose:

This training session is tailored for the public to educate individuals about cybercrimes and frauds targeting New Hampshire. Participants will gain knowledge on recognizing, avoiding, and responding to cyber threats, ensuring a safer and more confident digital experience.

## Objectives:

- Understand the basics of cybersecurity.
- Learn about common cyber crimes and frauds targeting you and your community.
- Learn best practices for protecting yourself against cyber frauds.
- Recognize the signs of fraudulent emails, websites, and phone calls.
- Gain knowledge on safe online banking and shopping.
- Discover resources for reporting cyber crimes and getting help in NH.

## Outline of the Training:

### 1. Introduction to Cybersecurity

- Importance of cybersecurity
- Basic cybersecurity terminology

### 2. Common Cyber Crimes

- Phishing and email scams
- Online shopping and banking scams
- Identity theft
- Tech support scams
- Social media fraud

### 3. Protecting Personal Information

- Creating and managing strong passwords
- Using multi-factor authentication
- Recognizing and avoiding phishing attempts

### 4. Safe Online Practices

- Best practices for online banking and shopping
- Identifying secure websites

### 5. Responding to Cyber Threats

- What to do if you suspect a scam
- How to report cyber crimes in NH
- Resources for further help and support

### 6. Q&A Session



## NH Municipal Cyber Defense Program

The New Hampshire Municipal Cyber Defense Program (MCDP), managed by The ATOM Group, is a key initiative for enhancing New Hampshire's Cybersecurity Defense Services. Funded by the NH Department of Information Technology and the State and Local Cybersecurity Grant Program, it aims to protect public trust in technology by providing comprehensive Cybersecurity training.

The MCDP is critical to New Hampshire as it enhances cybersecurity readiness across municipal and public sector entities. This program stands out because it is customized based on the municipality's type, job description, and organization's existing cybersecurity readiness.

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