Cybersecurity Tabletop Exercise

Purpose of Training:

Cybersecurity threats are ever-evolving, and organizations must be prepared to defend against them. The purpose of this training is to equip you with the knowledge and skills to effectively respond to cyber incidents through a tabletop exercise. By simulating real-world scenarios in a controlled environment, we aim to enhance your ability to identify, assess, and mitigate cybersecurity risks.

Audience:

This training is designed for leadership and department heads. A successful tabletop should have representation from senior leadership, HR, IT, Finance, and all of the key functions or departments in your organization.

How to Prepare:

- Assemble a cross-functional team representing various departments and key stakeholders.
- Review and familiarize yourself with your organization's incident response plan.
- Ensure all participants have access to a current copy of the incident response plan.
- Communicate the date, time, and location of the tabletop exercise to all participants.

Outline of the Training:

1. Introductions:
Each individual will have the opportunity to introduce themselves and explain their respective roles.

2. Review of Scenario:
There will be a review of a simulated cyber event scenario, followed by defining and assigning roles and responsibilities to participants throughout the exercise.

3. Tabletop Exercise Execution:

- Engage in the simulated cyber incident scenario, guided by facilitators.
- Practice communication, decision-making, and incident response procedures based on your organization's incident response plan.
- Understand how multi-week outages of all computer and network systems may impact critical functions in your organization.

4. Debrief and Lessons Learned:

- Reflect on the exercise experience and discuss key takeaways.
- Identify strengths, weaknesses, and areas for improvement.

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Municipal Cyber Defense Program

The Maine Municipal Cyber Defense Program (MCDP), managed by The ATOM Group, is a key initiative for enhancing Maine's Cybersecurity Defense posture. Funded by the Maine Emergency Management Agency (MEMA) through the State and Local Cybersecurity Grant Program, it aims to protect public trust in government by providing comprehensive cybersecurity training.

The MCDP mitigates risk in the most vulnerable layer of Maine's Cyber Defense - The Human Intrusion Prevention System, also known as "The User." The training sessions are tailored to the organization type, the user's role in the organization, and the organization's existing cybersecurity readiness.

For more information, please contact:

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